

Leadership camp in Dalat

# Insights from a recent Teambuilding

## A Global High Performance Team



Country General Managers from Shanghai, Singapore, India, flew to Dalat for a Leadership Retreat. This team had participated in teambuilding each year for the past 10 years. The Embers Asia team developed a program that included a high ropes course, adventure sports and training activities for their team retreat.

#### Rate Your Team

The team's rating on teamwork, trust and leadership was very high... over an 8. One top executive scored the team 10/10; a perfect team, full of all the best attributes and attitudes! They enjoyed their work, teams, the company and teambuilding. The energy and enthusiasm was abundant. So, why did they need to do a teambuilding if they were already a high performing, confident and trusting team?

## **Differing Perspectives**

Is the glass 1/2 full or 1/2 empty?

One person mentioned that they saw the glass as 1/2 empty because there was so much opportunity to fill the glass. We compared this metaphor to their team... Answers included... "With such an outstanding team there is room to fill the glass higher. We want a bigger glass! We want to fill it with more skills and experiences, bring ourselves and our team to a higher level."

#### Leap Of Faith

During the next two days we kept making the glass larger and larger and filling it with experiential activities. One of the favorite exercises was the Leap of Faith: Climb a 7m high swaying pole and try to leap and catch a trapeze bar. This takes total focus, control, overcoming fears with their teams' support. And how they supported each other!!! Some made it, others didn't but the whole team celebrated their efforts. Later when a local hilltribe showed us their gong rituals around a bonfire, we celebrated how the day's activities expanded the team's glass and filled it 'more full' of new experiences.



#### Key Insights

This team did teambuilding each year because they wanted to Re-Vitalize, Re-Energize, Re-Unite, Re-Learn and Re-Support their Incredible Team...EVERY YEAR! They weren't afraid of the challenges of an economic crisis. Their team was seeing the challenge as an OPPORTUNITY.



#### We have done teambuilding here!!









#### Learn while You Lunch

# Embers "Innovative Leadership Lunch" Seminar at Your Office

Invite your team for lunch and share in an enlightening 30 minute seminar. Our Embers trainers will present some modern best practices and theories based on "Innovative Leadership" from around the globe. Our focus is on building leadership and skills through the creative management of people.

#### **Contact Us**

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